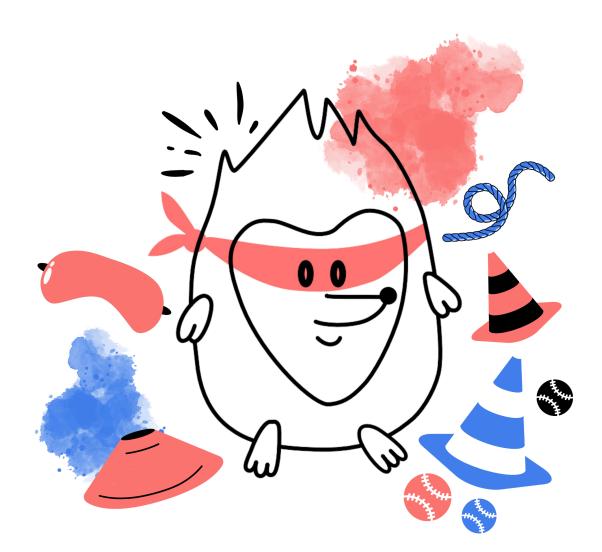


A8: Sensorimotor workshops +



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Deliverable Factsheet

Project Number:	2022-1-PL01-KA220-SCH-000085478
Project Acronym:	Welcome!
Project Title:	'Welcome! - Preparatory online school for children with migration background'
Title of Document:	WP2A8: Sensorimotor workshops +
WP:	WP2: design and release of a platform to valorize (migrant) children repertoires and experiences facilitating language socialization and plurilingual and pluricultural integration
Due date according to contact:	31/1/2024
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Approved by:	All Partners
Abstract:	WP2 aims to deliver a tool whose purpose is to serve as a digital playground for migrant and refugee children in their integration trajectory in the host country. WP2A8 offers pedagogical scenarios around sensorimotor workshops as one of the 7 pedagogical themes (music workshops, digital storytelling, cross-cultural cooking, dreamland, arts workshops, sensorimotor workshops, tandem learning).
Keyword list:	Learning scenarios, innovative pedagogies, technology enhanced learning, plurilingualism, pluriculturalism, intercultural education
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Sensorimotor workshop – Navigating Trust and Teamwork

Activity inspired by Relay Warm-up

Sensorimotor wo	Sensorimotor workshop – Navigating Trust and Teamwork			
Target group:	Students aged 8-14 (but adaptable for other age groups)			
Duration:	3 sessions, 45 minutes each			
Develop	tives: st and communication skills. physical coordination and spatial awareness. and the importance of guidance and teamwork.			
Organization:	Mixed teams of students to ensure a blend of background	ls.		
Strategies:	Hands-on activities, team challenges, guided instruction.			
Materials:	Obstacle course materials (cones, ropes, soft balls, blindfolds)			
 Before the workshop: Inspect the Environment: Ensure it's safe and spacious for the obstacle course. Gather Equipment: Collect materials like cones, ropes, and blindfolds. Sketch the Course Design: Preliminary design for quicker setup. Review Safety: Have first-aid kits ready and inform fellow staff. Promote Cultural Respect: Brief students on respecting cultural/personal boundaries. 				
Teacher's instru	uctions			
Basic Obstacle (- Set up a - Let stude Reflection:	ion to the importance of trust and guidance. Course: straightforward obstacle course. ents navigate it individually to get familiar. nitial feelings and challenges faced.	10 min 25 min 10 min		
 Session 2 Pairing & Instructions: Pair up students, ensuring a mix of backgrounds. Blindfolded Navigation: Blindfold one student from each pair. The other student will verbally guide their partner through the obstacle course. Reflection: Share experiences, focusing on communication challenges and trust-building moments 		10 min 25 min 10 min		
Session 3 Setup: - Create a	more challenging obstacle course, introducing new elements.	10 min		

 Team Navigation: Groups of 4 or 5 students navigate the course, with one member being blindfolded. The team must work together to guide their blindfolded member. 	25 min			
 Group Discussion: Reflect on the importance of teamwork, the challenges of group communication, and memorable moments. 	10 min			
Adaptation and Extension: The scenario can be easily adapted to the age group by making the course more/less difficult. If possible and if the weather allows, the obstacle navigation can be done outside.				
 Tips for teachers: Safety First: Ensure that all activities are safe. Be especially vigilant during blindfolded exercises. Adaptability: Feel free to adapt the activities based on the students' comfort and feedback. 				

Sensorimotor workshop – Rhythmic Movements: Finding Our Shared Pulse

Activity inspired by Relay Warm-up

Sensorimotor wo	orkshop – Rhythmic Movements: Finding Our Shared Pulse		
Target group:	Students aged 10-14 (but adaptable for other age groups)		
Duration:	3 sessions, 45 minutes each		
Develop	tives: te the universal nature of rhythm. coordination through dance and movement. and rhythm as a shared human experience.		
Organization:	Mixed teams of students to ensure a blend of backgroun	ds.	
Strategies:	 Cultural Exchange: Discuss popular dances from Ukrainin host cultures. Mixed Group Collaboration: Pair Ukrainian and host studiexchange dance knowledge. Freestyle Integration: Encourage blending of dance moviboth cultures. 	ents to	
Materials:	 Music player, a selection of music tracks, drums or percussion instruments. 		
 Before the workshop: Select a Space: Ensure it's suitable for dance activities. Research Dances: Know basics about Ukrainian and host country dances. Prepare Music: Check sound system and organize tracks. Ensure Safe Flooring: Suitable for dance, free of hazards. Notify About Attire: Inform students to wear dance-friendly clothes. If possible, invite a guest dance instructor familiar with traditional Ukrainian or hos country dances. 			
Teacher's instru	uctions		
Listening & Mov	he importance of rhythm in our daily lives and various cultures. ement: erent music tracks and let students express freely through	10 min 25 min	
movement. Reflection: - Discuss how different rhythms made them feel and their individual interpretations of the music.		10 min	

 In groups, students create their own rhythms using the instruments. Sharing and Feedback: Groups present their rhythms, and others provide feedback. 	10 min			
 Session 3 Guided Activity: Students, in their mixed groups, are introduced to a collaborative challenge. They will combine movement and their created rhythms into a short performance. Performance Preparation: Groups practice their rhythmic movements. Group Performances & Closing: Each group presents their rhythmic movement performance. Conclude by discussing the experiences and the power of rhythm in connecting individuals. 	10 min 25 min 10 min			
Note: Session 3 may take more time depending on the number of students. Adaptation and Extension: The workshop can be themed, e.g., the rhythms can illustrate festivals, legends, experiences, etc. All the performances can be combined into a big performance and shown to the whole school and/or parents.				
 Tips for teachers: Be Inclusive: Value every dance form and discourage cultural superiority. Safety First: Ensure a clear and safe dance area. Encourage Participation: Create a welcoming environment for all. Celebrate Individuality: Allow students to add their personal flair. 				