

Welcome at school

Sensorimotor workshops +



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Deliverable Factsheet

Project Number:	2022-1-PL01-KA220-SCH-000085478
Project Acronym:	Welcome!
Project Title:	'Welcome! – Preparatory online school for children with migration background'
Title of Document:	WP2A8: Sensorimotor workshops +
WP:	WP2: design and release of a platform to valorize (migrant) children repertoires and experiences facilitating language socialization and plurilingual and pluricultural integration
Due date according to contact:	31/1/2024
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Approved by:	All Partners
Abstract:	WP2 aims to deliver a tool whose purpose is to serve as a digital playground for migrant and refugee children in their integration trajectory in the host country. WP2A8 offers pedagogical scenarios around sensorimotor workshops as one of the 7 pedagogical themes (music workshops, digital storytelling, cross-cultural cooking, dreamland, arts workshops, sensorimotor workshops, tandem learning).
Keyword list:	Learning scenarios, innovative pedagogies, technology enhanced learning, plurilingualism, pluriculturalism, intercultural education
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Sensorimotor workshop – Navigating Trust and Teamwork

Activity inspired by [Relay Warm-up](#)

Sensorimotor workshop – Navigating Trust and Teamwork	
Target group:	Students aged 8-14 (but adaptable for other age groups)
Duration:	3 sessions, 45 minutes each
Learning objectives: • Build trust and communication skills. • Develop physical coordination and spatial awareness. • Understand the importance of guidance and teamwork.	
Organization:	• Mixed teams of students to ensure a blend of backgrounds.
Strategies:	• Hands-on activities, team challenges, guided instruction.
Materials:	• Obstacle course materials (cones, ropes, soft balls, blindfolds)
Before the workshop: - Inspect the Environment: Ensure it's safe and spacious for the obstacle course. - Gather Equipment: Collect materials like cones, ropes, and blindfolds. - Sketch the Course Design: Preliminary design for quicker setup. - Review Safety: Have first-aid kits ready and inform fellow staff. - Promote Cultural Respect: Brief students on respecting cultural/personal boundaries.	
Teacher's instructions	
Session 1 Discussion: - Introduction to the importance of trust and guidance. Basic Obstacle Course: - Set up a straightforward obstacle course. - Let students navigate it individually to get familiar. Reflection: - Discuss initial feelings and challenges faced.	10 min 25 min 10 min
Session 2 Pairing & Instructions: - Pair up students, ensuring a mix of backgrounds. Blindfolded Navigation: - Blindfold one student from each pair. The other student will verbally guide their partner through the obstacle course. Reflection: - Share experiences, focusing on communication challenges and trust-building moments	10 min 25 min 10 min
Session 3 Setup: - Create a more challenging obstacle course, introducing new elements.	10 min



Team Navigation: - Groups of 4 or 5 students navigate the course, with one member being blindfolded. The team must work together to guide their blindfolded member.	25 min
Group Discussion: - Reflect on the importance of teamwork, the challenges of group communication, and memorable moments.	10 min
Adaptation and Extension: The scenario can be easily adapted to the age group by making the course more/less difficult. If possible and if the weather allows, the obstacle navigation can be done outside.	
Tips for teachers: - Safety First: Ensure that all activities are safe. Be especially vigilant during blindfolded exercises. - Adaptability: Feel free to adapt the activities based on the students' comfort and feedback.	

Sensorimotor workshop – Rhythmic Movements: Finding Our Shared Pulse

Activity inspired by [Relay Warm-up](#)

Sensorimotor workshop – Rhythmic Movements: Finding Our Shared Pulse	
Target group:	Students aged 10-14 (but adaptable for other age groups)
Duration:	3 sessions, 45 minutes each
Learning objectives: • Appreciate the universal nature of rhythm. • Develop coordination through dance and movement. • Understand rhythm as a shared human experience.	
Organization:	• Mixed teams of students to ensure a blend of backgrounds.
Strategies:	• Cultural Exchange: Discuss popular dances from Ukrainian and host cultures. • Mixed Group Collaboration: Pair Ukrainian and host students to exchange dance knowledge. • Freestyle Integration: Encourage blending of dance moves from both cultures.
Materials:	• Music player, a selection of music tracks, drums or percussion instruments.
Before the workshop: - Select a Space: Ensure it's suitable for dance activities. - Research Dances: Know basics about Ukrainian and host country dances. - Prepare Music: Check sound system and organize tracks. - Ensure Safe Flooring: Suitable for dance, free of hazards. - Notify About Attire: Inform students to wear dance-friendly clothes. - If possible, invite a guest dance instructor familiar with traditional Ukrainian or host country dances.	
Teacher's instructions	
Session 1 Discussion: - Explore the importance of rhythm in our daily lives and various cultures. Listening & Movement: - Play different music tracks and let students express freely through movement. Reflection: - Discuss how different rhythms made them feel and their individual interpretations of the music.	10 min 25 min 10 min
Session 2 Introduction to Instruments: - Present drums or percussion instruments to students. Group Rhythm Creation:	10 min 25 min



- In groups, students create their own rhythms using the instruments. Sharing and Feedback: - Groups present their rhythms, and others provide feedback.	10 min
Session 3 Guided Activity: - Students, in their mixed groups, are introduced to a collaborative challenge. They will combine movement and their created rhythms into a short performance. Performance Preparation: - Groups practice their rhythmic movements. Group Performances & Closing: - Each group presents their rhythmic movement performance. Conclude by discussing the experiences and the power of rhythm in connecting individuals.	10 min 25 min 10 min
Note: Session 3 may take more time depending on the number of students. Adaptation and Extension: The workshop can be themed, e.g., the rhythms can illustrate festivals, legends, experiences, etc. All the performances can be combined into a big performance and shown to the whole school and/or parents.	
Tips for teachers: - Be Inclusive: Value every dance form and discourage cultural superiority. - Safety First: Ensure a clear and safe dance area. - Encourage Participation: Create a welcoming environment for all. - Celebrate Individuality: Allow students to add their personal flair.	

